



All Out Sports League COVID-19 Protocols Effective June 1<sup>st</sup>, 2020 until further notice

**The following guidelines have been reviewed and approved by the City of Clayton**

**For Youth Basketball Camps & Blaze Team Practice**

**Effective June 1<sup>st</sup>, 2020**

1. All courts are assigned by All Out Sports League. Camps & Teams may only use the courts during their scheduled time. **There are no open times.** All use is scheduled directly by AOSL.
2. Per the Contra Costa health order, all AOSL coaches and camp leaders will adhere to the “Stable” guidelines, the coach must stay with that group and no other coach can coach that group of kids. One coach per group/team.
3. In an effort to limit the number of touches on door handles. We will have one location for entry and one location for exiting the gym.
4. Only AOSL recognized teams of the same consistent group of 12 or fewer players may have access to courts and equipment. Use is permitted by regular season rostered teams only. No extra players, siblings, etc. can practice with a team to which they are not assigned at any time.
5. No two teams may be on the same court at any time. All court use is for a specific team. All court use is for practice only initially as of May 11, 2020 pursuant to current guidelines allowing groups of 12 kids or less to gather for physical fitness purposes.
6. No parents, grandparents, siblings, spectators, fans, or other people besides the team’s rostered players and coaches may be in attendance at any practice. Others may not leave their cars.
7. Carpools are not permitted other than by members of the same family living in the same household. All players must arrive by parent or guardian.
8. All players and coaches should take their temperature before leaving for any practice and will be instructed that they are not permitted to attend if their temperature is over 100.4 degrees.
9. All players and coaches will be instructed to stay home if they have any symptoms of illness including, but not limited to: temperature, cough, sore throat, sneezing, body aches, loss of sense of smell, difficulty breathing, or fatigue.

10. Players must bring their own basketball. All basketballs will be wiped down with disinfectant upon entering the gym, at the halfway mark and the end of camp or practice. Player name must be on ball for identification.
11. All coaches should bring hand sanitizer or wipes to practice if possible and make them available before and after practice. Players should bring their own sanitizer if possible.
12. All players and coaches shall be instructed to shower and change their clothes immediately after returning home from practice or camp.
13. No handshakes, fist bumps, elbow bumps, or contact of any kind is allowed at any time.
14. Players should be kept 6 feet apart and coaches will not have contact drills. Goals for camps and practices are individual shooting and non-contact drills.
15. All camps and practices are strictly limited to 90 minutes. Activity or gatherings of any kind before or after practice or "extra" practice time are prohibited. There is no loitering at the gym before or after practice. The director should arrive early to assure that all protocols are followed and should not leave until all players have been picked up.
16. Non-basketball gatherings at the courts are strictly prohibited. There are no snacks after practice, gatherings, or celebrations of any kind. No food should be brought to practice and players should not share water bottles or other drinks at any time. Participation in AOSL practice activities at this time is intended to provide a safe, socially distant physical fitness activity for players.
17. Directors and coaches must wear personal protective equipment face coverings or surgical masks at this time.
18. All campers and practice players will be required to sit in assigned 6 foot areas during the camp or practice.
19. All areas will be sprayed with anti-microbial once campers are dismissed to prepare for the next group of players.
20. Parents must sign a weekly game and practice waiver addressing possible symptoms for their child in order for their child to participate.
21. We hope to increase the number of participants once it is permitted by local guidelines.
22. Player pick up and drop off will be at Regency drive until further notice. Players will need to walk across the grass area to the gymnasium.

23. Each participant will be given a temperature check upon entering the gymnasium. If fever is 100.04 or more, they will not be allowed in the gym.
24. Coaches can park across from Diablo view middle school and walk to the gymnasium.

**Violation of these protocols may result in suspension by the city of Clayton police department.**

### **For Youth Basketball Leagues**

**Effective July 18<sup>th</sup>, 2020**

AOSL youth basketball league games are typically ran on both courts and the Clayton community gym with 3 rows pulled out on either side of the gym. If leagues are permitted in late July, here's how our leagues will run until further notice.

1. Gatherings in the lobby are not allowed. Players, parents and coaches must enter gym to a designated seating area.
2. We will only utilize one court for games.
3. Full bleachers will be pulled out on either side. Blue tape marks will be identified on the bleachers for sitting locations while adhering to social distancing guidelines.
4. We will not have four teams practicing on Friday evening. Practices will be held Monday – Saturday with just two teams per hour with the divider down.
5. Teams must exit the gym after the game and practice social distancing for post game speeches.
6. All basketballs will be wiped down with disinfectant at the end of every 5 minute quarter.
7. Players will be given hand sanitizer before entering and exiting the game.
8. The bleachers and bathrooms will be sprayed with anti-microbial disinfectant after each game.
9. All directors, coaches, parents and fans must wear face coverings. The only ones exempt from wearing face coverings are the players.
10. Game officials will wear gloves and a face covering.

11. Parents must sign a weekly game and practice waiver addressing possible symptoms for their child.

### **For Youth Volleyball Leagues**

**July 18<sup>th</sup>, 2020**

1. We will limit our volleyball leagues to a max of 24 players which equates to 6 players per half court.
2. Gatherings in the lobby are not allowed. Players, parents and coaches must enter gym to a designated seating area.
3. All volleyballs will be wiped down with disinfectant at the end of every 5 minute session.
4. Teams must exit the gym after the game and practice social distancing for post game speeches
5. Players will be given hand sanitizer before entering and exiting the game.
6. All directors and coaches must wear face coverings.
7. All equipment will be wiped down before and after each game.
8. Parents must sign a weekly game and practice waiver addressing possible symptoms for their child.

### **For Tee Ball Leagues**

**Effective July 18<sup>th</sup>, 2020**

AOSL Tee Ball league games are typically held outdoors on field 4 behind the gymnasium. With Tee Ball being an outdoor sport, we plan to keep the majority of the league rules the same with a few changes. If leagues are permitted in late July, here's how our leagues will run until further notice.

1. All players must have their own baseball glove and may not share with anyone.
2. Players may choose to bring their own baseball bat.
3. AOSL will provide bats and balls.
4. Each bat will be wiped down after each "At Bat" in case it is used by the next child.
5. Directors, coaches and parents must wear face covering and maintain 6 feet for social distancing.
6. Parents must sign a weekly game and practice waiver addressing possible symptoms for their child.
7. Maximum of 9 players per team.
8. Players will be spaced out 6 feet for social distancing while in our "make shift" dugout.

### **For Adult Softball Ball Leagues**

**Fall 2020**

AOSL Adult Softball league games are typically held outdoors on field 2. With softball being an outdoor sport, we plan to keep the majority of the league rules the same with a few changes. If leagues are permitted in fall 2020, here's how our leagues will run until further notice.

1. All players must have their own baseball glove and may not share with anyone.
2. Players must have their own softball bat and not share. If sharing a bat, it must be wiped down with antimicrobial disinfectant before use.
3. Each bat will be wiped down after each "At Bat" in case it is used by the next child.
4. All participants must wear face covering during play.
5. Players must sign a weekly game and practice waiver addressing possible symptoms for their child.
6. Players will use the dugout and outside of the dugout for social distancing purposes.

**\*\*Please note the above protocols are ongoing and will be updated. We will keep in contact with the City of Clayton and local health departments to make sure we are following all of the guidelines to insure the safety of all participants and family of those participating. Thank you for following our protocols and keeping everyone in AOSL safe!**